**Job Safety Analysis**
Safety Information for the University of California, Berkeley

**Recreational Sports - Athletic Camps**

**Setting Up/Taking Down Equipment**

Note: Each sport will require different equipment and there are different hazards associated with each individual sport. The following are precautions for general equipment set-up.

<table>
<thead>
<tr>
<th>TASK</th>
<th>HAZARDS</th>
<th>CONTROLS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Moving goal posts to desired location.</td>
<td>Back injury.</td>
<td>To minimized injuries, there should be two people moving goal posts. Bend knees to lessen pressure on lower back. Use legs as source of power to lift/move post. See “Lifting Heavy Objects” JSA.</td>
</tr>
<tr>
<td></td>
<td>Foot injury.</td>
<td>Keep feet away from goal post.</td>
</tr>
<tr>
<td>2. Inserting goal posts into ground.</td>
<td>Foot injury.</td>
<td>Keep feet away from goal post holes. Lower goal posts slowly into ground.</td>
</tr>
</tbody>
</table>

**Required Training:** None

**Required Personal Protective Equipment (PPE):** None

See “Ladder Safety” Fact Sheet and “Lifting Heavy Objects” JSA
Department of Recreational Sports
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For more information about this JSA, contact the Office of Environment, Health and Safety at UC Berkeley, 317 University Hall #1150, Berkeley, CA 94720-1150
(510) 642-3073 ● http://www.ehs.berkeley.edu
The development of Job Safety Analyses is a Balanced Scorecard initiative of the AVC-BAS Safety Committee, sponsored by the Associate Vice Chancellor-Business and Administrative Services (AVC-BAS) and the AVC-BAS Leadership Team. 

http://bas.berkeley.edu/balancedscorecard