Face coverings help protect others from the coronavirus by limiting the spread of germs from exhaled breath. Acceptable types of face coverings include the following:

- Cloth Mask
- N-95
- Hijab
- Surgical Mask

**N-95 with exhalation valve**

Face masks with exhalation valves are not acceptable face coverings since they allow expired breath to escape the mask.

**Neck Gaiter**

Centers of Disease Control and Prevention (CDC) do not recommend neck gaiters as their effectiveness is currently unknown.

For more information, visit: https://ehs.berkeley.edu/covid-19